

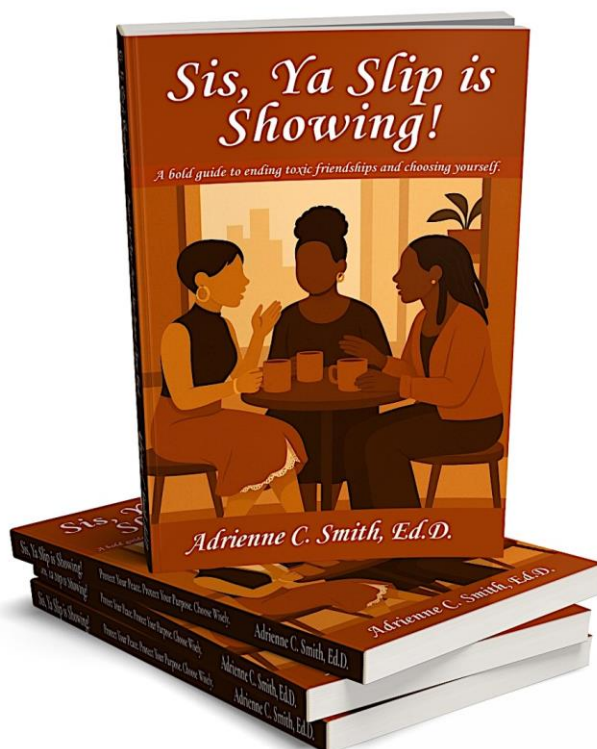
DR. ADRIENNE C. SMITH

ABOUT *SIS, YA SLIP IS SHOWING!*

Sis, Ya' Slip Is Showing! is a bold, unfiltered guide to navigating the truth about friendships—especially the ones that no longer serve you. With raw honesty, cultural insight, and healing reflection, the author helps you unpack mismanaged and toxic friendships, set boundaries, and break cycles of emotional overextension.

This book is for every woman who's ever been the strong friend, the peacemaker, the one who stayed too long in one-sided relationships out of guilt, loyalty, or fear. It's a call to check your "slip"—not in shame, but in sisterly accountability. And it's your permission to protect your peace, reclaim your voice, and honor your sacred ground.

Whether you're navigating a friendship breakup, rebuilding trust, or learning to love yourself louder, *Sis, Ya' Slip Is Showing!* will meet you where you are—and push you toward where you're meant to be.



SCHEDULE AN INTERVIEW

To reach Adrienne for book inquiries email:
info@sisyaslipisshowing.com



ABOUT ADRIENNE

Dr. Adrienne C. Smith, Ed.D. (author name *Aziza Kemet*) is a writer, speaker, and higher education leader who empowers others to embrace authenticity and create strategies for navigating life's challenges. Drawing on her own journey of growth, boundaries, and self-discovery, she brings a bold and relatable voice to conversations about friendship, resilience and personal transformation.

Her forthcoming book, *Sis, Ya' Slip is Showing*, blends storytelling, reflection, and practical tools to help readers recognize red flags, reclaim their voice, and step into their power. Part memoir, part guide, the book is an invitation to honor boundaries, break free from toxic patterns, and embrace self-worth. Through her mission—**Elevate. Empower. Educate.**—Adrienne inspires readers to choose themselves first and build lives rooted in authenticity and strength.



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